

Be My Hero

Introduction

This month, we're celebrating Random Acts of Kindness Day by exploring the heroes in our lives! We're going to talk about the people who inspire us and practice giving compliments and thanks using our AAC devices.

Equipment

Pre-cut shapes (stars, shields, capes) for the Hero Wall.
Markers, crayons, or coloured pencils.
Stickers or pre-written words (e.g., kind, brave, helpful).
Glue, Sellotape or Velcro for assembling the Hero Wall.
Pictures of heroes (e.g., community helpers, athletes, scientists, activists).

Vocabulary

Core Words: help, kind, make, like, don't, good, big, little, my, you, I, want, put, look, more, it, ready, stop, take.

Fringe Words: hero, brave, strong, caring, helpful, friend, thank you, love.

What to do

Begin by discussing what makes someone a hero: "Who helps you?" or "Who inspires you?" Show pictures of heroes from different fields (e.g., teachers, scientists, athletes, family members, activists) and model phrases like: "She makes a difference", "She has big ideas", "Kind and strong", "Helps people."

Choose a pre-cut shape for each hero (star, cape, shield). Encourage everyone to think about someone they admire (real or fictional). Use an AAC device to model phrases like: "My hero is ___", "She is ___ and ___."

Write or draw each hero on a shape and decorate it with markers or stickers. Then add these shapes to the Hero Wall. Model sentences as you attach the shapes to the wall, like: "Put it here.", "Look, that's my hero."

Come back together as a group and share something about each hero. Model descriptive sentences such as: "I like ___ because she is ___", "She helps me when ___."

Sentence Ideas

1 Word Level: help, look, like, put, my, good.
2 Word Level: help me, look here, my hero, want that.
3 Word Level: my hero is ___, I like it, they help me.

Language Functions

Describing: "She has big ideas," "She is strong," "He helps me."
Requesting: "Help me," "I want ___."
Commenting: "I like this," "That's good.", "Wow!"
Refusing: "Don't want," "Not mine."

Generalisation

The core words and phrases in this activity can be used in daily conversations to describe inspiring people and things in their lives.