

Equipment

- a selection of plastic pop / cordial bottles, washed and dried out (they need to be roughly the same size)
- dry food items such as pasta, chickpeas, beans etc
or
- small hard items such as beads

Vocabulary

Core – Again, all done, close, different, do, don't, down, feel, get, go, help, I, in, it, like, look, make, mine, more, my, off, on, open, play, put, ready, take, that, turn, want, what, you

What to do

1. Take a washed and dried bottle and remove the lid
2. Put a small amount of your chosen food or small item into the bottle. You don't need to fill the bottle, just a small amount in the bottom is enough.
3. Put the lid back on the bottle and tightly secure it.
4. Repeat with each of your bottles - you can use a different filling each time if you want.
5. Once completed you can use your bottles as shakers, or they are great for a game of skittles!

NB – This activity can be adapted dependent on the ability of the individual you are supporting. If the person needs a high-level of physical support to make the shaker this can be provided. If the individual will be unable to physically manipulate the fillings, they can direct others to fill the bottle as they wish, choosing items / amounts etc. You can also work on some great fine motor skills here, using a pincer grip to place fillings in the bottle, or using a spoon to scoop up items and tip them in.

Sentence Ideas

1WL - turn, want, help, do, go, make,

2WL - want that, I do, you do, want help, like it, look good, put on, take off, my turn, you go, turn it, put in

3WL – put it on, put that in, turn it off, you get that, it my turn, I want go, I want play

Language Functions

Requesting - that, want that, want do it

Directing – help, take off, put it on

Commenting - like, I like, I don't like

Refusing – don't want do, don't want that, don't like

Generalisation

You can also add glitter to the bottles to add a more visual sparkly element!

Step 1



Step 2



Step 3



Step 4



Step 5

